



welcomes runners and walkers to the

Run Forrest Run 5K

sponsored by



Please help us be GREEN! If possible, register online rather than using this form!

WHEN: Saturday, November 14, 2009 at 9:00 a.m.

WHERE: Race starts at Irving and Wave Streets in Monterey. Free parking for entrants at the Cannery Row Parking Garage on Foam Street.

ELIGIBILITY: Anyone five years of age or older and in good health. Race is limited to 1,500 entrants.

PACKET PICKUP: Friday, November 13th from noon to 6:00 p.m. at the Health & Fitness Expo in the **Monterey Conference Center** or race morning at Bubba Gump.

AWARDS: 3 deep in 10 year age groups after 5-8 years, 9-11 years, 12-14 years and 15-19 years.

ENTRY INCLUDES: T-shirt, post race refreshments and a souvenir courtesy of the **Bubba Gump Shrimp Company**.

CHARITY: The race benefits MY Museum in Monterey. The Monterey County Youth Museum offers a unique variety of hands-on exhibits.

Join Forrest Gump and friends for a 5K foot race beginning at the intersection of Wave and Irving Streets in New Monterey, one block above Cannery Row. Free parking is available at the Cannery Row Parking Garage. The course is a gently rolling out and back with the turnaround approximately 1/4 mile west of Lovers Point in Pacific Grove. The race will end in front of Bubba Gump Shrimp Company on Cannery Row. There will be plenty of pre- and post-race activities for the kids courtesy of MY Museum as well as post-race refreshments for all participants. An aid station will be available at Lover's Point and there will be music on the course to keep you entertained. For more information visit bsim.org and bubbagump.com.



ALL PERTINENT INFORMATION ON THIS FORM MUST BE COMPLETED OR ENTRY WILL NOT BE PROCESSED

FIRST NAME _____ LAST _____ GENDER: F M AGE ON RACE DATE _____

STREET _____ CITY _____ STATE _____ ZIP _____

IF FROM CALIFORNIA, WHAT COUNTY? _____ DAYTIME PHONE _____ E-MAIL _____

EMERGENCY CONTACT NAME _____ PHONE _____ IS THIS PERSON AT RACE? YES NO

T-SHIRT SIZE S M L XL

THIS IS AN IMPORTANT LEGAL DOCUMENT. READ CAREFULLY BEFORE SIGNING

I acknowledge that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event, and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating &/or volunteering in this event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault. I certify that I am physically fit, have sufficiently trained for participation in the event and have not been advised otherwise by a qualified medical person. I acknowledge that this Accident Waiver and Release of Liability (AWRL) form will be used by the event holders, sponsors and organizers, in which I may participate and that it will govern my actions and responsibilities at said events. In consideration of my application and permitting me to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me including my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: Bubba Gump Shrimp Co., the Big Sur International Marathon, its directors and officers, employees and volunteers, suppliers, contractors, sponsors, the State of California, event sponsors, event perimeters, their directors, officers, employees, volunteers, representatives, and agents, the event holders, event directors, event volunteers; (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this event, whether caused by the negligence of releases or otherwise. I hereby consent to receive any medical treatment, which may be deemed advisable in the event of injury, accident or illness during this event. I understand that at this event or related activities, I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and or assigns. This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law. Bubba Gump Shrimp Co. or the Big Sur International Marathon RESERVES THE RIGHT TO CANCEL OR CHANGE THE COURSE. I hereby certify that I have read this document; and, I understand its content.

Participant's Signature

Parent's Signature (if participant under 18)

FEES: PAYABLE IN U.S. DOLLARS ONLY

Adult (18 & over) \$27.00 _____
Runner 5-17 & Active Military * \$16.00 _____

TOTAL: _____

*Military ID must be presented for packet pick-up

Make check payable to: **Big Sur Marathon**
P.O. Box 222620, Carmel, CA 93922-2620

FOR PAYMENT BY CREDIT CARD (VISA OR MASTERCARD ONLY)

ACCOUNT NUMBER _____

EXPIRATION DATE ____/____/____

CARDHOLDER SIGNATURE _____

Rec'd _____

Amount _____ CK # _____

Processed _____ Comp # _____

Bib _____