

# Train for your next marathon with **Team In Training!**

For over 20 years, Team In Training participants have been a powerful force in the fight against cancer, raising vital funds to find cures blood cancers and improve the quality of life of patients and their families.

Teams are now training for:

- **Kaiser Permanente San Francisco Half Marathon**  
San Francisco, CA— February 7, 2010
- **Napa Valley Marathon**  
Napa, CA—March 7, 2010
- **ING Georgia Marathon & Half Marathon**  
Atlanta, GA—March 21, 2010

We provide coaching, support & inspiration. You raise funds for lifesaving blood cancer research. Join the Team today!

**Train. Endure. Achieve. Matter.**

**\$25  
OFF**

Present this coupon at the free training of your choice to receive \$25 off the registration fee for any TNT Winter Season event.

*Valid for registration with any team that trains with the  
Silicon Valley & Monterey Bay Area Chapter.*

**For more information & a complete list of trainings near you,  
call 800.446.9460 or visit [teamintraining.org/sj](http://teamintraining.org/sj).**

